

SUBMISSION PROCESS AND MANUSCRIPT PREPARATION

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Submission Preparation Checklist and Style Guide

To help us with the submission process, please follow the preparation checklist of the journal prior to submitting your manuscript. Submissions may have to be returned to authors that do not adhere to the following guidelines. We thank you for your assistance.

CHECKLIST

- Manuscripts should not have been previously published nor submitted to another journal for consideration.
- Please ensure that the electronic file is in Microsoft Word or RTF format.
- Please check that the text adheres to the stylistic and bibliographic requirements outlined below.
- Copyright notice: Please note: authors who submit a manuscript to the JIDR agree to grant the journal right of first publication. If your manuscript is published in the JIDR, you will still retain copyright ownership of their material but should generally acknowledge that the manuscript appeared in the JIDR with a proper citation.

Manuscript stylistic and bibliographic requirements

1. As a guide, articles should be between 15 and 20 pages, all total, including figures, graphs, charts, tables, references, etc.
2. A title of not more than eight words should be provided.
3. A brief autobiographical note should be supplied including:
 - Full name
 - Affiliation
 - E-mail address
 - Full international contact details
 - Brief professional biography.
4. Copyright release/acknowledgement (if necessary).
5. Authors must supply an abstract of no more than 200 words.
6. Although optional, authors are encouraged to provide up to six keywords which encapsulate the principal topics of the paper.
7. Headings must be short, with a clear indication of the distinction between the hierarchy of headings. All headings are to be left justified. The first hierarchy is to be bolded and use title format (each key word capitalized with the exception of words such as 'a', 'the', 'of', etc) The second order of hierarchy is to be bolded and have only the first word capitalized. The third order is to be italicized but not bolded with only the first word capitalized.
8. Notes or Endnotes should be used only if absolutely necessary and must be identified in the text by consecutive numbers, enclosed in square brackets and listed at the end of the article.
9. All Figures (charts, diagrams, line drawings, web pages/screenshots) are to be embedded directly into the MS Word document in the proper location in the document.
10. References to other publications must be in APA version 7. This is very important in an electronic environment because it enables your readers to exploit the Reference Linking facility on the database and link back to the works you have cited through CrossRef.

<https://apastyle.apa.org/style-grammar-guidelines/references/examples>